

**NEW ERA SENIOR SECONDARY SCHOOL  
CLASS VII  
MUSIC AND DANCE  
YEARLY LESSON PLAN-2026-27**

**Learning Objectives:**

- To make the learning easy interesting and with fun.
- To develop interest in the subject (music and dance)
- To provide stress free environment for learning.
- To develop patriotism and respect for our culture and country.
- Inculcate values among students.
- It enables students to develop their creativity.
- Enable students to be focused and attentive.

**Material Used:** Notes, laptops, audios/videos, internets, different props

**No of periods allotted:** one period a week (monthly 4 periods)

**Expected previous knowledge:**

Students interest in listening songs,

Watching dances, knowledge about singers/dancers

**Pedagogy:**

- Students/teacher question answer sessions
- Verbal, repetitions of the songs/ listening to the audio Repetition of dance steps after teacher.

**Key points:**

- Music is a universal language of mankind and as a definition it includes SINGING, DANCING AND PLAYING AN INSTRUMENT.
- Music and dance are a part and parcel of life
- It provides learning with fun in a stress-free environment.
- In music dance periods students will be able to learn not only singing and dancing but also able to develop their self-confidence and creativity.
- This is a subject enjoyed by all age group.
- It helps students to know and experience of different culture.
- It provides a career as singer, dancer, lyricists, instrumentalist, teacher, choreographer, and composer
- **Our yearly lesson plan is designed in such a way that it teaches songs/dances on prayers, seasons, festivals, patriotism, value based and moral based numbers.**
- **Regular practice of school prayers/shlokas/ national songs/ school song is a part of each period in all classes**

## MONTH WISE SYLLABUS

### CLASS VII

MONTH	SONG	DANCE
April	Alankar practice Swar Riyaz O Lord my God	Western dance Kathak and western steps similarities
June	Raag Brindawani Sarang sargam geet Bhina bhina wayrano	Differences of classical/folk/ tribal dances with steps and moves
July	In my dreams Sargam geet practice	Lezium Lathi dance(stick) In my dreams
August	Nabhme suraj dharti par janmashmi Har taraf hai ye shore	Janmashtmi-matki fod, Govinda ala re 15 aug- jay ho
September	Sarang Madhya lay Ganesh song	Ganesh dance-moriyaa
October	Garba song	Garba dance/diya dance
November	Folk song( Marathi)	Folk dance of chattisgadh/tripura
December	We three kings of	Tap dance/goan dance
January	Pahad mere liye(moral)	Pahad mere liye (moral dance)
February	Knowing types of songs Quwali "dekh tamasha lakdika	Basics of kathak/technical terms+kawali dance moves
March	Revision	Revision

